

Forensic Mental Health Professional Development Program

Improving knowledge. Improving practice.



Workshops | February – December 2025



Centre for Forensic
Behavioural Science

Workshop 1

Working with people who have a history of violence

This workshop aims to introduce methods for understanding violent behaviour and identifying the personal characteristics of people who act violently and the situations that might trigger and maintain violence. Approaches to formulating violent behaviour and determining treatment needs will be discussed. The workshop will then move to a discussion of intervention approaches, with an emphasis on psychological treatment and the practices and setting conditions that seem to facilitate change. The challenges and benefits in providing treatment and establishing and maintaining a therapeutic alliance will be considered.

This workshop is designed for professionals working with mental health or justice involved people. If you have questions about your suitability for this workshop, please contact FMHPDP@forensicare.vic.gov.au

Facilitator: Professor Michael Daffern

Professor of Clinical Forensic Psychology and Director of the Centre for Forensic Behavioural Science, Michael is a Consultant Principal Psychologist with the Victorian Institute of Forensic Mental Health (Forensicare). He divides his time between research, teaching and clinical practice. His research focuses on understanding and intervening with people who have a history of violence or who are considered at risk of violence.

Date: 6 February 2025

Time: 9.00am - 5.00pm

Place: Centre for Forensic Behavioural Science
Level 1, 582 Heidelberg Road, Alphington Vic 3078

Cost: \$375 (+GST)

Book: <https://www.trybooking.com/CXQFC>

Workshop 2

Working with people with high levels of psychopathy

People with psychopathic personality traits are amongst the most challenging and concerning cases for professionals to work with. This one day training will give participants an overview of the latest research and best practice recommendations for working with people with significant psychopathic traits. It will cover the nature and definition of psychopathy; the aetiology and development of psychopathy; comorbidity, differential diagnosis and overlaps with other conditions; the association with offending and violence; and its life course. But the main focus will be on relevant practice skills and knowledge such as interview skills, assessment issues, treatment approaches, and risk assessment and management. Videos and case studies will be used to enhance the practical application of the training.

This is not training in using a particular instrument to assess psychopathy and no such prior training is required to attend. The day will be suitable for a wide range of professionals who work with or want to develop their skills in relation to people with psychopathic traits, including those who work in forensic or general mental health services, correctional services, law enforcement, child and family protective services, legal settings or other support/intervention services particularly for people who offend. If you have questions about your suitability for this workshop, please contact FMHPDP@forensicare.vic.gov.au

Facilitator: Dr Rajan Darjee

Dr Rajan Darjee is an Adjunct Associate Professor and Consultant Forensic Psychiatrist. He has extensive experience over the last 20 years of preparing expert reports and giving evidence regarding mental state defences and at sentencing in the UK and in Australia. This has included several high-profile murder cases. He has also written several publications on psychiatric defences and legal provisions for mentally disordered people in the criminal justice and forensic mental health systems, and on the characteristics and outcomes of forensic mental health patients.

Date: 21 February 2025

Time: 9.00am – 5.00pm

Place: This is an online event. Access details will be provided by the event organiser.

Cost: \$375 (+GST)

Book: <https://www.trybooking.com/CXQFM>

Workshop 3

Applying the Risk Need Responsivity Model (RNR) to working with justice involved people

The Risk-Needs-Responsivity (RNR) Model is the predominant framework used internationally to guide the assessment, treatment, and management of offending behaviour in correctional, community and forensic mental health contexts. This full day workshop will provide professionals with an introduction to the RNR model and how they can implement this in their practice with justice involved adults and young people. Through taught content and case study exercises, the workshop will cover the history of RNR, key principles underpinning the model, and considerations for translating these principles into practice. The strengths and weaknesses of RNR and how professionals working with justice involved people can better distinguish between effective programs and “correctional quackery” will also be discussed.

This workshop is designed for professionals working with mental health or justice involved people. If you have questions about your suitability for this workshop, please contact FMHPDP@forensicare.vic.gov.au

Facilitator: Associate Professor Ashley Batastini & Dr Nichola Tyler

Dr. Ashley Batastini earned her Ph.D. in Counseling Psychology from Texas Tech University and is currently an Associate Professor in the Centre for Forensic Behavioural Science at Swinburne University of Technology. Her research emphasis is broadly at the intersection between the mental health and criminal legal systems.

Dr Nichola Tyler is a Senior Lecturer in Forensic Psychology at the Centre for Forensic Behavioural Science, Swinburne University of Technology. Dr Tyler’s research primarily focuses on improving understanding, assessment, and prevention of deliberate firesetting and arson, and justice professionals’ wellbeing.

Date: 26 March 2025

Time: 9.00am – 5.00pm

Place: This is an online event. Access details will be provided by the event organiser.

Cost: \$375 (+GST)

Book: <https://www.trybooking.com/CXQFO>

Workshop 4

Formulation of complex and potentially harmful behaviour

One of the most challenging aspects of working in forensic contexts is responding to behaviours that have the potential to cause significant harm (e.g., violence, threats, harmful sexual behaviour, stalking). To work effectively with such clients, professionals need to be able to formulate the client’s behaviour; i.e. understand and explain the behaviour and harm potential, and use knowledge this to guide risk management and intervention. Formulation of problem behaviour is particularly important in cases where there are multiple interacting comorbidities and co-occurring biopsychosocial challenges; in client groups with whom it can be difficult to establish a rapport; and in cases where there is a high risk of inconsistent management across agencies and over time.

The aim of this workshop is to teach a method of formulating problematic and potentially harmful client behaviour that goes beyond the application of structured risk assessment guides. The workshop will involve both didactic learning and case study-based practice. Participants will finish the workshop with a framework for formulation that they can use to understand and communicate about concerning client behaviour, and to shape risk reduction and intervention efforts. This workshop is intended for health and human services professionals who are keen build their ability to work with clients who present with problematic and potentially harmful behaviour towards others. If you have questions about your suitability for this workshop, please contact FMHPDP@forensicare.vic.gov.au

Participants in this workshop may be invited to participate in research evaluating the effects of formulation training.

Facilitator: Professor Troy McEwan

Troy McEwan Professor Troy McEwan is a Professor at the Centre for Forensic Behavioural Science, and a Senior Psychologist with Forensicare’s Problem Behaviour Program. She also convenes the Doctorate of Psychology (Clinical and Forensic) training program and the Graduate Diploma of Forensic Psychology at Swinburne University of Technology.

Date: 9 April 2025

Time: 9.00am – 5.00pm

Place: This is an online event. Access details will be provided by the event organiser.

Cost: \$375 (+GST)

Book: <https://www.trybooking.com/CXMEX>

Workshop 5

Instilling trauma-informed care when working with justice-involved individuals

This training provides an overview of trauma-informed care and considers opportunities for instilling trauma-informed care and practice within services working with justice-involved clients. At the completion of this training, participants should have an understanding of the ethos, principles, and research underlying trauma-informed care, and practical approaches to enlivening trauma-informed care in their workplace. As part of the workshop, participants will be invited to undertake personal reflection about their approaches towards clients, colleagues, and self-care.

This full-day training is suitable for clinicians working with justice-involved clients, whether in community, inpatient, or custodial settings. This training is also suitable for those who manage or supervise clinicians in such client-facing roles. If you have questions about your suitability for this workshop, please contact FMHPDP@forensicare.vic.gov.au

Facilitator: Dr Bonnie Albrecht

Dr Bonnie Albrecht is a Senior Psychologist with the Problem Behaviour Program, Forensicare, and a Clinical Associate with Swinburne's Centre for Forensic Behavioural Science. Bonnie has been actively involved in trauma-informed care initiatives at Thomas Embling Hospital and the Problem Behaviour Program.

Date: 9 May 2025

Time: 9.30am - 5.00pm

Place: The Paul Mullen Centre
505 Hoddle Street, Clifton Hill
Vic 3068

Cost: \$375 (+GST)

Book: <https://www.trybooking.com/CXQFY>

Workshop 6

Mental illness, personality disorder, and offending: Clinical perspectives and practical approaches

This half-day workshop offers mental health professionals an overview of the complex relationships between mental illness, personality disorders, and offending behaviours. Participants will gain insights into how mental health conditions, such as schizophrenia and bipolar disorder, intersect with various personality disorders, including antisocial and borderline personality disorder, to influence offending behaviours. Drawing from clinical and empirical evidence, we will examine the risk factors, patterns, and trajectories associated with offending in these populations. The workshop will outline assessment approaches to and techniques to assist in evaluating the relationship between mental illness and offending. The workshop will consider risk prevention and risk management strategies. This workshop is designed for professionals working with mental health or justice involved people. If you have questions about your suitability for this workshop, please contact FMHPDP@forensicare.vic.gov.au

Facilitator: Distinguished Professor James Ogloff AM FAPS

Distinguished Professor James R. P. Ogloff AM is the Dean, School of Health Sciences and University Distinguished Professor of Forensic Behavioural Science at Swinburne University of Technology. Distinguished Professor Ogloff leads the School of Health Sciences, one of Australia's leading tertiary education health sciences schools. He is also holds a senior advisory appointment in forensic mental health at the Victorian Institute of Forensic Mental Health (Forensicare). He is a Fellow of the Canadian, American and Australian psychological societies as well as the International Association of Applied Psychology.

Distinguished Professor Ogloff has worked in clinical and forensic psychology in a variety of settings for more than 40 years, publishing 18 books and more than 350 scholarly articles and book chapters.

Date: 14 May 2025

Time: 9.30am - 12.30pm

Place: The Paul Mullen Centre
505 Hoddle Street, Clifton Hill
Vic 3068

Cost: \$175 (+GST)

Book: <https://www.trybooking.com/CXQGC>

Workshop 7

Understanding and assessing adolescent family violence

This full-day workshop offers an overview of current knowledge and practices in assessing adolescent family violence that occurs in the home. Participants will gain a comprehensive understanding of the characteristics of adolescents who use family violence, characteristics of victims, the overlap between adolescent family violence and mental health, and considerations for risk assessment and intervention. The workshop will provide guidance on current best practice and include a case example to apply learnt knowledge. This workshop is primarily targeted at mental health clinicians, however, would also be appropriate for youth justice professionals, child protection practitioners, and other professionals working with family violence. If you have questions about your suitability for this workshop, please contact FMHPDP@forensicare.vic.gov.au

Facilitator: Dr Maddison Riachi & Dr Abi Sheed

Dr. Maddison Riachi is a Clinical and Forensic Psychologist based at the Victorian Children's Court Clinic and Postdoctoral Research Fellow at Swinburne University's Centre for Forensic Behavioural Science. Her clinical and research work is centred on the assessment and treatment of child maltreatment, family violence (including adolescents using violence in the home), and young people engaging in harmful behaviour.

Dr Abigail Sheed is a Clinical and Forensic Psychologist at the Victorian Institute of Forensic Mental Health (Forensicare) and Postdoctoral Research Fellow with dual roles at Swinburne University's Centre for Forensic Behavioural Science and Victorian Children's Court Clinic. Her clinical work focuses on the assessment of high-risk problem behaviours, while her research work is centred on the domains of child maltreatment, family violence, and youth problem behaviour.

Date: 5 June 2025

Time: 9.00am – 5.00pm

Place: This is an online event. Access details will be provided by the event organiser.

Cost: \$375 (+GST)

Book: <https://www.trybooking.com/CXQGF>

Workshop 8

Understanding and responding to anger and difficult behaviour

This half-day workshop is suitable for anyone who comes into contact with angry and aggressive people who can be challenging to deal with. It covers anger and aggression, what is difficult behaviour and ways of managing it, as well as ways of managing yourself in the face of anger and difficult behaviour.

It is appropriate for reception staff, customer service staff, council staff, health workers, support workers and mental health clinicians. If you have questions about your suitability for this workshop, please contact FMHPDP@forensicare.vic.gov.au

Facilitator: David Willshire

David Willshire was a Principal Consultant Psychologist at Forensicare. He has worked as a clinical and forensic psychologist in a variety of settings for more than 30 years.

Date: 18 June 2025

Time: 9.30am - 1.30pm

Place: The Paul Mullen Centre
505 Hoddle Street, Clifton Hill
Vic 3068

Cost: \$175 (+GST)

Book: <https://www.trybooking.com/CXQGH>

Workshop 9

Working with people who commit sexual offences

Fear, hatred, disgust and banishment dominate societal discourse about those who commit sexual offences. Legal measures to control the risk posed by individuals who sexually offend are expanding. In this context, it is important that practitioners and services understand the research evidence base and best practice in the assessment, treatment and management of those who sexually offend.

This full-day workshop will give attendees an up-to-date detailed and evidence based overview of: the nature and prevalence of sexual offending; theoretical models of sexual offending; the relationship between sexual offending and mental disorders; risk factors, protective factors and risk assessment; managing individuals who sexually offend; pharmacological treatment; psychological treatment; and, online sexual offending.

The workshop is suitable for practitioners from mental health, correctional, police or legal backgrounds who want to develop their knowledge of individuals who sexually offend. If you have questions about your suitability for this workshop, please contact FMHPDP@forensicare.vic.gov.au

Facilitator: Dr Rajan Darjee

Dr Rajan Darjee is an Adjunct Associate Professor and Consultant Forensic Psychiatrist. He has extensive experience over the last 20 years of preparing expert reports and giving evidence regarding mental state defences and at sentencing in the UK and in Australia.

Date: 11 July 2025

Time: 9.00am - 5.00pm

Place: This workshop has the option to attend either online or in person at the CFBS (Yarra House, 101 Yarra Bend Road, Fairfield 3078). For those attending online, access details will be provided by the event organiser.

Cost: \$375 (+GST)

Book: <https://www.trybooking.com/CXQGK>



Workshop 10

Formulation of complex and potentially harmful behaviour

One of the most challenging aspects of working in forensic contexts is responding to behaviours that have the potential to cause significant harm (e.g., violence, threats, harmful sexual behaviour, stalking). To work effectively with such clients, professionals need to be able to formulate the client's behaviour; i.e. understand and explain the behaviour and harm potential, and use knowledge this to guide risk management and intervention. Formulation of problem behaviour is particularly important in cases where there are multiple interacting comorbidities and co-occurring biopsychosocial challenges; in client groups with whom it can be difficult to establish a rapport; and in cases where there is a high risk of inconsistent management across agencies and over time.

The aim of this workshop is to teach a method of formulating problematic and potentially harmful client behaviour that goes beyond the application of structured risk assessment guides. The workshop will involve both didactic learning and case study-based practice. Participants will finish the workshop with a framework for formulation that they can use to understand and communicate about concerning client behaviour, and to shape risk reduction and intervention efforts. This workshop is intended for health and human services professionals who are keen to build their ability to work with clients who present with problematic and potentially harmful behaviour towards others. If you have questions about your suitability for this workshop, please contact FMHPDP@forensicare.vic.gov.au

Participants in this workshop may be invited to participate in research evaluating the effects of formulation training.

Facilitator: Professor Troy McEwan

Troy McEwan Professor Troy McEwan is a Professor at the Centre for Forensic Behavioural Science, and a Senior Psychologist with Forensicare's Problem Behaviour Program. She also convenes the Doctorate of Psychology (Clinical and Forensic) training program and the Graduate Diploma of Forensic Psychology at Swinburne University of Technology.

Date: 16 July 2025

Time: 9.00am – 5.00pm

Place: Centre for Forensic Behavioural Science
Yarra House, 101 Yarra Bend Road, Fairfield, 3078

Cost: \$375 (+GST)

Book: <https://www.trybooking.com/CXMF1>



Workshop 11

Assessment and treatment of offenders with cognitive disabilities

This training provides a summary of the current evidence base for risk assessment and treatment of offending behaviours of people with cognitive disabilities. By the completion of this training session, participants will have knowledge regarding the impact of cognitive disability on offending. Participants will also have knowledge regarding the validity and reliability of risk assessment measures for this population. Both cognitive behavioural and behavioural interventions will be explored, with a particular focus on the application of positive behaviour support and applied behaviour analysis. This full day session is appropriate for clinicians who work with people with a cognitive disability in the community or custodial settings. If you have questions about your suitability for this workshop, please contact FMHPDP@forensicare.vic.gov.au

Facilitators: Dr Matt Frize

Dr Matt Frize is the Director of Forensic Disability Services for the Department of Families, Fairness and Housing (Victoria).

Date: 25 July 2025

Time: 9.00am – 5.00pm

Place: Centre for Forensic Behavioural Science
Yarra House, 101 Yarra Bend Road, Fairfield 3078

Cost: \$375 (+GST)

Book: <https://www.trybooking.com/CYMUV>

Workshop 12

Neurodiversity and youth offending

This brief workshop will provide participants with an understanding of factors associated with offending behaviours in neurodiverse young people. The association between clinical features, behaviours and risk will be discussed, and case studies used to illustrate conceptually helpful ways of including neurodiversity into formulation, with specific reference to autism and ADHD. The workshop will consider recommendations for both assessment and practice when working with this population.

Facilitators: Dr Neira Ott and Dr Margaret Nixon

Dr Neira Ott is a Senior Clinical Psychologist at Youth Forensic Specialist Service, Alfred Health / Clinical Psychology Educator. Neira is experienced in providing general mental health and forensic risk assessments and treatment to young people aged 10 - 21 years old, who are at risk of offending or are already involved with the Youth Justice system. As part of her Youth Forensic Specialist role, Neira provides forensic risk assessment and support to neurodivergent young people across the East Metropolitan Melbourne and the East Victoria catchment.

Dr Margaret Nixon is the Professional Development and Training Lead, and a Senior Lecturer in Forensic Behavioural Science at the Centre for Forensic Behavioural Science, with a specific research interest in disabilities and justice involved populations.

Date: 13 August 2025

Time: 10.00am - 1.00pm

Place: Centre for Forensic Behavioural Science
Yarra House, 101 Yarra Bend Road, Fairfield 3078

Cost: \$175 (+GST)

Book: <https://www.trybooking.com/CYPYI>

Workshop 13

Understanding and assessing child maltreatment

This full-day workshop offers an in-depth overview of current knowledge and recommended practices in assessing risk in child maltreatment cases. Participants will gain a comprehensive understanding of the background to risk assessment in child maltreatment, as well as relevant risk, need and protective factors to consider when evaluating cases of child maltreatment. The workshop will cover the process of forensic family assessments, provide guidance on current best practice, and include a worked case example to apply learnt knowledge.

This training will be suitable for a wide range of professionals who want to develop their understanding of child maltreatment risk, including those who work in forensic or general mental health services, law enforcement, child protection services, legal settings, or other support/intervention services particularly for vulnerable children and families. If you have questions about your suitability for this workshop, please contact FMHPDP@forensicare.vic.gov.au

Facilitator: Dr Maddison Riachi and Dr Abi Sheed

Dr. Maddison Riachi is a Clinical and Forensic Psychologist based at the Victorian Children's Court Clinic and Postdoctoral Research Fellow at Swinburne University's Centre for Forensic Behavioural Science. Her clinical and research work is centred on the assessment and treatment of child maltreatment, family violence (including adolescents using violence in the home), and young people engaging in harmful behaviour.

Dr Abigail Sheed is a Clinical and Forensic Psychologist based at the Victorian Children's Court Clinic and Postdoctoral Research Fellow at Swinburne University's Centre for Forensic Behavioural Science. Her clinical work focuses on the assessment of high-risk problem behaviours, while her clinical work is centred on the domains of child maltreatment, family violence, and youth problem behaviour.

Date: 21 August 2025

Time: 9.00am – 5.00pm

Place: This workshop has the option to attend either online or in person at the CFBS (Yarra House, 101 Yarra Bend Road, Fairfield 3078). For those attending online, access details will be provided by the event organiser.

Cost: \$375 (+GST)

Book: <https://www.trybooking.com/CYPYJ>

Workshop 14

Understanding and assessing young people at risk of violence

This full day workshop will provide participants with an understanding of the risk factors for violence in young people and discuss the implications for assessment and management. Case examples will be utilised throughout including a case review by Dr Deacon. He will focus on the criminogenic needs and idiographic factors leading to his formulation and risk summary. Participants will have the opportunity to work through a case, applying a risk assessment framework. This will be followed by a review of the assessment task, highlighting the process of identifying risk and protective factors and considering how they can be incorporated into a risk management plan.

The workshop is primarily targeted at health and mental health clinicians however it has also been useful for professionals working with youth in a range of community settings. If you have questions about your suitability for this workshop, please contact FMHPDP@forensicare.vic.gov.au

Facilitators: Dr Adam Deacon and Susan Hancox

Dr Adam Deacon is a Child and Youth Forensic Psychiatrist leading the Youth Forensic Specialist Service at Alfred Health.

Susan Hancox is a clinical psychologist and mental health social worker and Coordinator of the Youth Justice Mental Health Initiative at Forensicare.

Date: 10 September 2025

Time: 9.00am – 5.00pm

Place: Centre for Forensic Behavioural Science
Yarra House, 101 Yarra Bend Road, Fairfield 3078

Cost: \$375 (+GST)

Book: <https://www.trybooking.com/CYPYN>

Workshop 15

Online child sexual exploitation and abuse: An overview of research and clinical approaches

The growing capacity of the Internet and digital technologies over the past thirty years has facilitated new and dynamic methods of child sexual exploitation and abuse (OCSEA), with rapid increases seen in online activity related to child sexual abuse material, online grooming of children and livestreaming of child sexual abuse. In contrast, research, legal and clinical practices have been slower to develop and evolve, often demanding responses from systems and professionals without a solid understanding of the what, who, why and how of this diverse and dynamic crime type. This workshop offers an overview of what is known (and not known) about OCSEA offending and how to work with individuals who engage in these offences, with an emphasis on child sexual abuse material offending. Participants will gain insights into the diverse range of OCSEA behaviours and the overlap and differences of those who engage in OCSEA offences compared to offline child sexual offending. The workshop will consider motivations for OCSEA offending and common personal and contextual factors that may predispose, precipitate and maintain OCSEA offending. Emerging approaches to risk assessment and intervention for people with OCSEA offending histories will be explored and areas for future research and clinical practice development considered. This workshop is designed for professionals working with justice-involved individuals or who wish to develop their knowledge of OCSEA and emerging evidence-based practices. If you have questions about your suitability for this workshop, please contact FMHPDP@forensicare.vic.gov.au

Facilitators: Dr Marie Henshaw

Dr Marie Henshaw is Senior Research Fellow at the Centre for Forensic Behavioural Science, and a Clinical and Forensic Psychologist. She is the lead author of the CEM-COPE Program, an offence-specific group intervention program for people with a history of child sexual abuse material offences, which is being piloted in forensic/correctional services in Australia, Canada and Ohio. She manages a large program of research into online child sexual exploitation and abuse at

the CFBS that aims to enhance understanding and criminal justice responses to OCSEA. She previously worked as a Senior Practitioner at Stop It Now! Australia (a national child sexual abuse prevention service) and a psychologist with Forensicare's Problem Behaviour Program and Marmak Program.

Date: 17 October 2025

Time: 12.30pm - 3.30pm

Place: Centre for Forensic Behavioural Science
Yarra House, 101 Yarra Bend Road, Fairfield 3078

Cost: \$175 (+GST)

Book: <https://www.trybooking.com/CYPYR>



Workshop 16

Understanding and preventing aggression and enhancing clinical reasoning

Understanding, preventing and managing aggression remains an important task for clinicians working in inpatient settings. This workshop will cover a range of models and frameworks to assist with understanding and assessing inpatient aggression as well as interventions to prevent inpatient aggression. This workshop will also cover clinical reasoning which can assist in steering clinical practice, encouraging collaboration with consumers and their support structures, as well as driving sound clinical judgement, reasoning, and reflection on practice. If you have questions about your suitability for this workshop, please contact FMHPDP@forensicare.vic.gov.au

Facilitator: Dr Tessa Maguire

Tess Maguire is a Senior Lecturer in Forensic Mental Health Nursing. She has a joint appointment with the CFBS, and Forensicare. She has extensive experience in development and delivery of professional development including management of aggression. Her research focuses on forensic mental health nursing practice, including risk assessment and nursing interventions (eDASA + APP) to reduce aggression.

Date: 28 October 2025

Time: 9.00am - 5.00pm

Place: Centre for Forensic Behavioural Science
Yarra House, 101 Yarra Bend Road, Fairfield 3078

Cost: \$375 (+GST)

Book: <https://www.trybooking.com/CYPYU>

Workshop 17

Understanding and assessing adult firesetting

This workshop will provide mental health and correctional professionals with the latest knowledge on deliberate firesetting. Attendees will gain knowledge of the common characteristics of and theoretical explanations for adult firesetting. Attendees will also learn about current evidence-based approaches for assessment of adult deliberate firesetting including psychometric tools that can assist in identification of treatment needs and current best practice in risk assessment.

At the end of the workshop attendees will be able to:

- Describe the characteristics of adults who set deliberate fires.
- Critique existing theoretical explanations for adult deliberate firesetting.
- Describe the latest comprehensive theory of adult firesetting (the Multi-Trajectory Theory of deliberate firesetting) and apply this to case examples.
- Summarise the treatment needs and risk factors of adults who engage in deliberate firesetting.
- Identify appropriate psychometric tools for assessing fire-specific risk factors.
- Explain different approaches to risk assessment for deliberate firesetting and their strengths and weaknesses.
- Link risk assessment and formulation to treatment needs.

This workshop is designed for professionals working with mental health or justice involved people. If you have questions about your suitability for this workshop, please contact FMHPDP@forensicare.vic.gov.au

Facilitators: Dr Nichola Tyler and Dr Lauren Ducat

Dr Nichola Tyler (Senior Lecturer in Forensic Psychology, Centre for Forensic Behavioural Science, Swinburne University of Technology). Dr Lauren Ducat (Manager Problem Behaviour Program and Chief Psychologist CFMHS, Forensicare; Adjunct Research Fellow, Centre for Forensic Behavioural Science, Swinburne University of Technology).

Date: 14 November 2025

Time: 9.00am – 5.00pm

Place: This workshop has the option to attend either online or in person at the CFBS (Yarra House, 101 Yarra Bend Road, Fairfield 3078). For those attending online, access details will be provided.

Cost: \$375 (+GST)

Book: <https://www.trybooking.com/CYTLJ>

Workshop 18

Formulation of complex and potentially harmful behaviour

One of the most challenging aspects of working in forensic contexts is responding to behaviours that have the potential to cause significant harm (e.g., violence, threats, harmful sexual behaviour, stalking). To work effectively with such clients, professionals need to be able to formulate the client's behaviour; i.e. understand and explain the behaviour and harm potential, and use knowledge this to guide risk management and intervention. Formulation of problem behaviour is particularly important in cases where there are multiple interacting comorbidities and co-occurring biopsychosocial challenges; in client groups with whom it can be difficult to establish a rapport; and in cases where there is a high risk of inconsistent management across agencies and over time.

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Participants in this workshop may be invited to participate in research evaluating the effects of formulation training.

Facilitator: Professor Troy McEwan

Troy McEwan Professor Troy McEwan is a Professor at the Centre for Forensic Behavioural Science, and a Senior Psychologist with Forensicare's Problem Behaviour Program. She also convenes the Doctorate of Psychology (Clinical and Forensic) training program and the Graduate Diploma of Forensic Psychology at Swinburne University of Technology.

Date: 26 November 2025

Time: 9.00am – 5.00pm

Place: Centre for Forensic Behavioural Science
Yarra House, 101 Yarra Bend Road, Fairfield 3078

Cost: \$375 (+GST)

Book: <https://www.trybooking.com/CXMFJ>



Workshop 19

Identifying effective risk assessment instruments

This workshop provides a primer for identifying effective risk assessment instruments. Participants will learn what makes a useful risk assessment, including key factors in the development, validation, and re-validation of these tools. The session will cover essential metrics and statistics that should be used to evaluate risk assessments, such as reliability, accuracy, and predictive validity, while highlighting important methodological considerations. Examples from the research literature will be used to illustrate best practices and common challenges in developing and validating risk assessment instruments. Ideal for those seeking a deeper understanding of risk assessment science, this workshop equips attendees with the knowledge to critically evaluate these tools for practice. If you have questions about your suitability for this workshop, please contact FMHPDP@forensicare.vic.gov.au

Facilitators: Dr Michael Trood and Dr Benjamin Spivak

Dr Michael Trood is a research fellow at the Centre for Forensic Behavioural Science. He completed his post-doctoral research on family violence and has investigated the methodological quality of forensic risk assessments using a number of different research designs, including systematic review, re-validation, and validation among new populations.

Dr. Benjamin Spivak is a Senior Lecturer at the fellow at the Centre for Forensic Behavioural Science. Specialises in the development and refinement of forensic risk assessment methodologies. His research on forensic risk assessment has focused on evaluating the accuracy and fairness of risk assessment tools, particularly in addressing demographic disparities and improving predictive models.

Date: 3 December 2025

Time: 10.30am - 12.30pm

Place: Centre for Forensic Behavioural Science
Yarra House, 101 Yarra Bend Road, Fairfield 3078

Cost: \$55 (+GST)

Book: <https://www.trybooking.com/CYTLR>

Workshop 20

Offending in individuals with neurodevelopmental disorder

People with neurodevelopmental disorders have long been considered vulnerable to engaging in serious offending behaviours including physical assaults, criminal damage, stalking, rapes, homicides and fire setting. This workshop will focus on providing an overview of neurodevelopmental disorders, exploring common pathways that lead to offending, exploring issues around the motivation for offending, and measures that can be implemented to improve rehabilitative outcomes in forensic settings.

This full-day workshop is suitable for clinicians working with individuals with intellectual disabilities and other neurodevelopmental disorders in contact with the justice system. If you have questions about your suitability for this workshop, please contact FMHPDP@forensicare.vic.gov.au

Facilitators: Dr David Thomas

Training will be facilitated by Dr David Thomas, psychiatrist with the Victorian Institute for Forensic Mental Health (Forensicare) and Hon. Research Fellow with the Centre for Forensic Behavioural Science.

Date: 8 December 2025

Time: 9.00am - 5.00pm

Place: Centre for Forensic Behavioural Science
Yarra House, 101 Yarra Bend Road, Fairfield 3078

Cost: \$375 (+GST)

Book: <https://www.trybooking.com/CYTLV>

Terms and Conditions

The FMHPDP team reserves the right to cancel workshops/bookings, in which case, all fees will be refunded. If participants withdraw up to 72 hours prior to the commencement of the workshop, 50% of the fee will be refunded. There will be no refunds for cancellations within 72 hours of the workshop.

Bookings are non-transferable to future workshops, but bookings for a particular workshop can be transferred to another person if the event organiser is notified of this at least 48 hours in advance.

Payments by credit card are preferred. Payments by invoice will only be accepted for group bookings of \$1500 (+GST) or more.

Tailored training

We provide tailored training for organisations and agencies. To discuss any specific training needs and requests, please contact:

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